

New From The Critically Acclaimed Author
of "Rising to the Top" and "Success Strategies"

Open Your Destiny



R.G. WILLIAMS

Unleash Your True Potential

TABLE OF CONTENTS

Chapter 1	Understanding What Makes You - You	pg. 7
Chapter 2	Defining Your Life	pg.25
Chapter 3	What is Your "Where"?	pg. 35
Chapter 4	Goals - The Myth	pg. 41
Chapter 5	Reverse Engineer Your Life	pg. 47
Chapter 6	Act As If	pg. 61
Chapter 7	Consistent Action and Constant Work	pg. 69
Chapter 8	Manage Your Energy	pg. 75
Chapter 9	Wealth Vs. Rich	pg. 83
Chapter 10	Give Credit and Pay it Forward	pg. 97

Introduction

Remember the diner scene from the movie *Back to the Future*, when George McFly walks up to his dream girl and says “I’m your **density**!” She looks confused and he corrects himself and says “your **destiny** has brought me to you”!

Her confusion comes because of his misuse of words. However, have you felt confused about your life? Not knowing what to expect next? No knowing where you are going or how did you get to where you are? Why you are not fulfilled, living your dream life? Why were you not born with a silver spoon? How come others seem to get what they want without struggle?

The good news is that the answer to those questions is simpler than you may think.

Are you ready? . . .

All you have to do is to actively participate in designing your own destiny.

The first step to achieving all that you desire is to understand that you have the power within to achieve all of your goals, live all of your dreams, and be as happy as you choose to be.

This book was written as a guide to help you Open Your Destiny and live your life to the fullest!

Your Destiny has brought you here . . . Now it is time to actively participate and **Open Your Destiny!**

Dedication

To my two mentors -

My gorgeous wife - Anneliese

My dear friend - Dr. A.D. Kessler, PhD

THANK YOU for helping me

Open My Destiny!

Chapter 1

Understanding What Makes You - You

The other day I was watching one of those “Funniest Videos” programs, when they showed two young children running into a house. The first child was somewhat ahead of the second child, giving the first time to close the clear glass patio door. The second child was paying attention to the person behind the camera and did not notice the closed door. The result was inevitable; she crashed into the door and fell to the ground.

I laughed a bit and then thought about how life sometimes closes a door in front of us without us seeing or even paying attention and we run headlong into a closed path.

How many of us have had that door close just as we thought the path ahead was clear? Closed doors come in many different disguises, divorce, loss of a job, loss of a loved one, car accident, illness, drop in income, end of a relationship, job transfer, the list goes on and on.

Or maybe you have looked at others and thought, “Why are they so successful?” “Why are people attracted to him?” “I work as hard as she does, but she gets all the

***“As individuals, we will
consistently act according
to the way we see
ourselves.”***

Zig Zigler

breaks!" "Why did this happen to me?" "How come others get ahead and I don't?" "When is it my turn?"

Maybe you are at a point in your life where you are now asking yourself, "Who am I?" "What makes me different?" "Why do I do what I do, act the way I do?" "What is stopping me from succeeding?" "What drives me to succeed?"

When you start asking yourself those questions then you must spend the time to discover who you really are. Once you do that you will discover what your true destiny is and how to open it to achieve everything that you can imagine. It will be like looking through new glasses at a world you never knew existed.

Reading this book means that you have come to a point in life where you need to know more about yourself, more about what makes you tick, and why you are the way you are.

The best place to find those answers and many, many more is not looking outside of us, but to look inside us. So many are concerned with cleaning up the outside and avoid or ignore the inside.

So what does it mean to stop looking outside of you and start looking inside? Let's break each of them down to better understand.

When we arrive on this planet we are 100% dependent upon those that care for us. As we grow up we develop who we are based on what we are taught and what we see others do. We are not taught how

***“I learned the way
a monkey learns -
by watching its parents.”***

Queen Elizabeth II

to take the time to develop our own personality, our own vision, and our own way. Most of our parents shared with us things that they learned from their parents and their parents, etc. For generations the same things are taught never stopping to think about whether they are the correct, the best or even the truth.

I am reminded of the story of the young girl who is watching her mom prepare a ham for dinner. Her mom pulls out the ham, cuts off a portion from each end, covers it in a brown sugar mixture for flavor, puts it in a pan and then into the oven. The young girl asks her mom why she cut off the end of the ham. Her mother replies "that is how my mom did it". As luck would have it, this was a family gathering and grandma was visiting. So the young girl went over to grandma and asked the same question, "Grandma, why do you cut the ends off of the ham before you cook it?" Grandma smiled and said "because my pan was always too small for the size of the ham"! A very simple answer, the pan was too small so grandma made the ham smaller to fit the pan. What the young girl's mom interpreted to be the secret to her mom's tasty ham, cutting off the edges, had nothing to do with the truth. Yet that custom had been transferred down from one generation without explanation and had the young girl not questioned her mom and grandmother it would have been transferred down through a second generation.

So you see that it is possible that not everything that makes us who we are is made up of complete truth. That does not mean that we were lied to, it simply means that

***“When I was born
I was so surprised
I didn’t talk
for a year and a half.”***

Gracie Allen

what was learned and what was taught can have completely different meanings and outcomes.

We are all born with the abilities to learn and grow and at a very early age we begin to understand the power of action and response. As a newborn we cry and our loved ones respond and take care of us. As we grow we begin to understand that our lives are made up of a trial and error process. In the early stages we hear sounds and attempt to mimic those sounds which receive reinforcement to help us form our speech with beginning words, mom, dad, etc. Then we attempt crawling and then walking. When we are encouraged at each attempt we continue to repeat the performance.

During the early informative years we must rely upon our parents, teachers and peers to provide us with encouragement and reward. What is great about youth is that when one does not receive that stimulus from one area we seek out the place where we will receive the positive reinforcements.

As each of us receives encouragement for any performance we will repeat the performance and strive to improve that performance so that we can receive more encouragement. We will even search out positive encouragement from multiple places so that we might be able to continue this performance.

In other words when our minds are encouraged and rewarded for a certain performance we strive to repeat that performance, which in return receives more

***“Nothing stops the man
who desires to achieve”***

Eric Butterworth

encouragement and more reward. Abilities begin to strengthen and flourish and talents rise to the surface. As abilities strengthen and talents rise we develop our self-esteem.

Self-esteem is tied to your inner belief system. It is related to your self-worth, your self-value, your self-respect and your self-confidence. Self-esteem develops a sound foundation, which will serve you for the rest of your life.

This becomes an upward spiral towards a very prosperous life. The upward spiral is the key process to building a very healthy you. It is the key to understanding your destiny.

On the opposite end is the downward spiral. When a certain performance receives little or no encouragement or rewards, that performance usually is never repeated. When we perform in a way that is contrary to what our parents or those who care for us desire or that society frowns upon, or we either are told no or don't or we do not receive any acknowledgement at all, and we will discontinue that act or performance. When the mind receives negative responses or does not receive positive reinforcement at all, we will discontinue that action or performance.

When the lack of repetition happens, abilities weaken and become dull and will eventually disappear all together. Talents stay dormant, never rising to the surface. Self-esteem is replaced with resentment,

***“No one can take
your power away,
unless you let them.”***

R.G. Williams

guilt, shame, fear, shyness, loneliness, tantrums, anger and pain.

Generational curses are caused from the lack of encouragement and positive feedback and response. This results in the continual reinforcement of the downward spiral. Should one never receive positive feedback or reinforcement over time they will stop searching for it and never develop their inner abilities into talents!

Many times parents will pass down to their children those same negative, damaging thoughts that were passed down to them from their parents – resentment, guilt, shame, fear, shyness, loneliness, tantrums, anger and pain.

As an adult we have the capability to listen, learn and process information. Then we have the power within the brain to both store that information for future use and only retain those things that will work to build us, or to discard it completely so as to stay away from the things that will destroy us.

Each of us has that power. No one can take that power away from you, unless you give it away. Did you catch that? **No one can take that power away, UNLESS you GIVE it away!** I continually hear the statement “he, she or you hurt my feelings” . . . **NO ONE** can hurt **YOUR** feelings unless you allow them to or give them permission to! They are your feelings and you have the power to stay in control.

Maybe you are just hearing this concept for the first time or maybe you have heard it before, either way it

***“Harness the power
of the
Super-Conscious mind
and you have conquered
90% of your battles.”***

Dr. A.D. Kessler, PhD

is absolutely critical for you to pay attention to your inner voice and harness that power within you to control your thoughts, feelings and emotions.

Learning to harness the power to control your thoughts, feelings and emotions gives you the power and the ability to navigate through the information that is encountered, minute by minute and identify what is worth keeping and filing away and what is garbage and must be discarded.

To understand how to harness the power to control your thoughts, feelings and emotions is a matter of understanding how the mind works.

Think of the mind as a computer. You have an unlimited storage capacity hard drive, which allows you to store your files for as long as you choose to keep them. This is the subconscious or super-conscious or the power within. The other portion of your mind, the conscious, is an operating system that controls how the computer allows you to access the hard drive or memory files.

The beauty of all of this is that you do not need to acquire this power, you already possess it! It is up to you to learn how to use it, to understand it so that you can harness it in all areas of your life.

Once you learn to harness and release the power of your super-conscious mind, you bring into your life more control, power, wealth, health, happiness, joy and peace! Within your super-conscious lies infinite wisdom, infinite power, and infinite supply of what you need at any given time. It is waiting for you to give it life!

***“You are not your
habits.
You can make or
break your
habits.”***

Stephen R. Covey

Like a computer you must learn the correct commands to navigate through the operating system – the conscious mind – so that you can retrieve the correct files within the storage drive. A computer does not care what you store in a file or what title you give it. To retrieve a stored file you must input the correct command or request the correct title in order to receive the file you are looking for. However, should you give a computer an incorrect command you will not get the file you expect. When the computer receives an unknown command it will default to an understood command or will tell you that the file cannot be found.

The super-conscious mind functions in exactly the same manner. It does not care what you store inside or what title you give it. It does not understand the difference between reality and fantasy; it is simply a file or memory to be stored. It simply does as it is told. As with a computer having the correct title to a file allows for quick retrieval. The challenge we face is to input the correct title so as to retrieve the correct file. Everything that we have ever heard, seen, learned, experienced, etc. – good or bad, is stored in the super-conscious mind – the hard drive.

Many times you will discover that certain habits you continually perform do not have anything to do with who you are! Those habits have been so strongly recorded into your super-conscious mind that they happen automatically. When their performance is not

***“No great man ever
complains of
want of
opportunities.”***

Ralph Waldo Emerson

what you desire then you begin to question yourself as to why you did that, or thought that. When this happens you should rejoice because you have the power to change! You have the power to make the decision as to who you are going to be from this point forward and no longer will you allow an unwelcome habit to control you.

The difference with the super-conscious mind and a computer is that we have the control over the operating system and what files we choose to be stored. Remember that as information enters into your subconscious or super-conscious mind, you have the power to process it, internalize it for immediate and or future use, or discard it and move forward.

Remember that what you think about or focus on is what you will gravitate towards. Understanding that you have the power and control over your thoughts will give you the freedom to direct those thoughts for your good. It is the power from the subconscious or super-conscious mind that will drive you towards your destiny.

***“All you are
or ever shall become
is the result of
the use to which
you put your
mind.”***

Napoleon Hill

Chapter 2

Defining Your Life

Now it is time to have a personal heart to heart conversation with you. This heart to heart is where you get brutally honest with yourself and where you begin to truly define your life.

Defining your life is the opportunity to decide who you want to be from this moment on. It is time to look at all of the files stored in your super-conscious and keep the ones you like, the ones that will edify and build you and discard the files that you don't want, the ones that have been keeping you down, keeping you from living your destiny.

Defining your life is quite different than setting goals (which we will cover in a later chapter). Here is where you get to be the creator and designer of the new you. No one gets to have input or a say in how you define your life (unless you ask them to or give them permission). Defining the new you is like starting with a clean or empty canvas. You are the master painter, the Monet or Van Gogh of your destiny. Very much like when we were in elementary school and by Friday the chalk board would be almost white or yellow instead of green because of the chalk

***“What lies behind us
and what lies before us
are tiny matters compared to
what lies within us.”***

Ralph Waldo Emerson

dust. Yet when we returned on Monday it would be freshly washed and cleaned ready for another week of learning.

With a better understanding of what makes you – you, as we discussed in the previous chapter, you now must sit down and begin to define who you are and who you want to be.

First place to start is to write down what it is that you like most about yourself, your looks, your voice, your manners, etc. Focus on the positives at this point. Do not be ashamed of anything and do not feel that you are arrogant or pompous for writing anything down. These are the qualities that make you who you are. These are the qualities that you like and want to strengthen. Too many of us have lived with what others have told us and have never taken the time to write down what we like about ourselves. Make the list as long as you want! Remember you are the master painter and designer!

Now, look back over your life and make a list all of your accomplishments, every one of them, large or small, significant or not.

(Here is a sample list of accomplishments – but by no means is this an all-inclusive list!)

When you learned to walk by yourself –

When you learned to run -

When you first got dressed by yourself –

When you learned to tie your shoes –

When you first went to school –

When you rode the bus by yourself for the first time –

***“The life which is
unexamined
is not worth living.”***

Plato

- When you rode your first bike –
- When you took off the training wheels from your bike –
- When you brought home your first art work, math, etc. –
- When you gave your first talk in school or church –
- When you made your first friend –
- When you asked someone out for the first time –
- When you kissed your first girl or boy –
- When you got your first job –
- When you got your first paycheck –
- When you bought your first car –
- When you went into the armed service, the Peace Corps,
or church service –
- When you got married –
- When you had your first child, your first grandchild and
every child or grandchild after –

This is YOUR list; it can be as long and detailed as you want. This list will serve as your foundation as you begin detailing out your destiny.

Now write down what you say to yourself, the words you use, the tone of voice you use while in conversation with yourself (Yes, we all talk to ourselves) paying attention to the words you say to yourself at any given moment and then writing them down. Recording everything, both positive and negative, will allow you to understand what you need to do to stay on course or change your course altogether. This is where you will begin to understand how you are reinforcing your stored files or your belief within, positively and negatively.

***“If you hear a voice
within you say
‘you cannot paint,’
then by all means paint
and that voice will
be silenced.”***

Vincent Van Gogh

When you use positive and building words, you will tap into the upward spiral. You will have a strong, healthy self-image which will support you throughout your life.

At the same time when you are using words that are negative, destroying words you will tap into the downward spiral. You will reinforce the worthless feelings, the guilt, the fear, etc.

Our words and thoughts are so powerful, they are the contributing factor to what allows us to succeed or to stay within the prison walls that we have created or that have been created for us through our upbringing.

Our words and thoughts are what make us who we are. They are what gets us through a dangerous situation calmly or what drive us into insanity! The power of a thought is more powerful than sheer muscle! Thoughts will allow us to accomplish any goal we set out to do and yet at the same time they can destroy empires!

There is a story titled "Bad Times Are Coming" about a concrete construction worker who one day after work stopped by the bar on his way home for a drink. Sitting at the bar he noticed a newspaper nearby and read the headline – "Bad Times Are Coming!" Finishing his drink he headed home all the while thinking about the headline – bad times are coming! By the time he arrived home he had become so upset with the thought of bad times coming that he couldn't think of anything else. When he walked in the door his sweet wife was so excited because she had found a seamstress to make that special gown for her for their upcoming anniversary getaway. The man told his wife what he had read while at the bar and thought that it would be best if she called the seamstress back and tell her that she needed to cancel the order. His wife was disappointed but after all "bad times were coming" and they most certainly did not need to waste money that way. So she called the seamstress and canceled the order. The seamstress got off the phone and told her husband, who was an architect and was finalizing his rendition of the new downtown city tower, that she had just had a cancellation and

***“Tough times
never last
but tough
people do.”***

Dr. Robert H. Schuller

that “bad times are coming”. When the architect awoke the next morning and while driving to work he thought that he better share with the members of the board that bad times were coming and his wife had started to receive cancellations of orders to prove it. So during his presentation he shared the bad news with the board, which in return made a decision to put the city tower on hold until the “bad times” were over. Calls were placed to all of the contractors and sub-contractors letting them know that the project had been placed on hold and may even be canceled. Now, when the concrete construction worker arrived at work the next day he was met by his boss who told him that the city tower project had been canceled because “bad times were coming” and that he would have to lay him off. Driving home, now being jobless he stopped at the same bar for a drink. Sitting down at the bar he noticed the same newspaper and this time decided to read more. When he picked up the paper the first thing he noticed was the date – it was dated 10 years earlier! The man quickly asked the bartender about the paper and the bartender’s reply was “that paper is there for us to sit our plants on to soak up any water, don’t pay any attention to it!”

So you see that with a simple thought of “bad times are coming” this man not only found himself without a job, but his wife without a new dress, the city without a new tower and contractors and sub-contractors without work!

Thoughts have the power to create and to destroy! Words are the beginning of thoughts and visa-versa. We must understand that our own internal dialog is what makes and breaks us!

In this defining process you may want to become a “people watcher” and pay attention to positive actions that others perform that you would like to emulate in your life as well as negative actions that you must avoid. Remember, that you have your own way and nobody knows your path better than you do.

***“There is only one
success -
To be able to
spend your life
in your own
way.”***

Christopher Morley

Chapter 3

What is your "Where"?

One way to strengthen who you are, who you have defined to become and maintain your focus is to develop your "where" of your life. Your "where" is what drives you forward each and every day.

Once you get to know your inner self, design who you want to be and where you want to be in life you will gain tremendous power over the daily obstacles. Challenges will jump out at you everyday, however once you truly understand yourself and have the "where" defined, those obstacles lose their power over you and you will walk forward with unwavering inner confidence. The "where" creates the spiritual strength that works from within, giving you the internal drive and prepares you emotionally for everything that crosses your path. Having a heart to heart conversation with yourself, defining who you are, who you want to be and where you want to be not only internalizes everything, it now gives you the power to control yourself.

What is your "where"? Your where is the answer to why you walk on this planet. It is your motivation as to why you move forward. You should always find your motivation before it finds you. It is the personal mission statement, your personal life objective.

*"A musician must make music,
An artist must paint,
A poet must write if he is to
ultimately be at peace with
himself.
What one can be,
one must be."*

Abraham Maslow

Years ago my mentor, Dr. A.D. Kessler taught me about a life objective. Having a statement about what you do, that is so simple it is easy to accomplish. Dr. Kessler's was "To Live Well" (and that he did).

We have heard so much about mission statements and many of us have taken time to create one, print them and even frame them. However, many of them are put in a folder or drawer or hung on the wall and forgotten. Why would anyone spend the time needed to develop their mission statement only to forget about it? The reason can be tracked back to a common factor – they become too complicated and therefore they become a distraction more than a motivation.

The where for your life is your life objective.

My where is:

To Live Life Passionately

To Love Unconditionally

To Give Abundantly

These three statements allow me to move forth in my daily quest knowing that as I stay true to each of them I will always succeed within.

Success from within is the purest form of success!
When you reach that level everything on the outside is frosting on the cake!

*“The heights by great men
reached and kept were
not attained by sudden flight,
but they,
while their companions
slept, were toiling
upward in the night.”*

Henry Wadsworth Longfellow

From the outside people will notice a difference. You will begin to hear statements such as "you look different, have you changed your hair?" or "what have you done, you look different or happy" etc. Remember that external appearances are driven from internal manifestations! What you feel on the inside will appear on the outside in one form or another, it is inevitable! You cannot always maintain a "poker face". So as you fine tune your internal programming your external appearance will improve and will become contagious.

Have you ever encountered someone that you did not know prior and after the encounter you left with a feeling that you need to get to know that person better? That feeling was most likely caused by the other person's internal confidence and peace. On the other hand you may have encountered someone that you couldn't wait to get away from them! That feeling is caused by the other person's internal turmoil manifesting on the outside.

To discover your where or your purpose, begin brainstorming by writing down on paper in 10 words or less, what your life objective is. Open your mind let the creative juices flow.

To live well...To have fun...To make money...To have fun and make money...

Once you have your "where" you will begin each day with the internal surety and a silent confidence of success!

***“He who has a
why
to live for can
bear almost
any how.”***

Dr. Victor Frankel

Chapter 4

Goals - The Myth

There is a common misunderstanding about goals. The dictionary defines a goal as an aim or purpose. Yet most people use the word goal as a way to show off or make themselves look better than someone else. Goals should be just as the dictionary says – an aim – something to work towards. Goals are also a simple way of keeping score as to how you are living your life – your where.

Every year on New Year's Eve you will hear talk of "new year's resolutions". This has become a huge business for weight loss companies, financial planning companies and marketing firms across the world. The object is to expose your product to the consumer during an emotional time when decisions are being made to change one's life in the New Year.

The myth is that these resolutions seldom last longer than a month and many do not make it past the first week! Why?

The answer is simple; before you can aim at something you want you must have an understanding as to why you want to get there. It is not strong enough to simply say that you want to lose weight, stop smoking, etc. without an understanding as to why. Taking it a step further, you must have a deep understanding in the "why". You cannot

***“Within every desire
is the seed
and mechanics
for its
fulfillment.”***

Deepak Chopra

say “because I will be healthier when I lose weight”, that is not motivation enough. You have to look inside as to what files or tapes are being played. Remember in chapter 1 we discovered that each of us has developed a set of files that continuously runs our programming. And it is that programming that creates success or stagnation within our lives.

When you do not have a solid foundation as to why you are aiming towards something then you will internally sabotage your external efforts without an understanding as to why. For an example, if your where is to “enjoy life to the fullest” then extra weight or less lung capacity from smoking will not allow you to live out your where, your objective. Therefore your mind will be confused and will default to the strongest program which may be “you have always been heavy and you cannot change that” and the cycle will continue.

When you define who you are and build on a solid foundation as to why you are here and have a strong “where” or objective then you will move towards your goal with silent confidence with an internal drive that will overcome any negative that will cross your path.

We all know people that have accomplished some task cold turkey, like smoking. They may have smoked for years and then one day they stop and never smoke again! Is that because they didn’t like the taste anymore? Possibly, yet the true reason is that they first defined who they were, who they wanted to be, backed it up with a strong foundation, the where, and focused on the goal.

*"If you believe
you can
or
if you believe
you can't
you're right."*

Henry Ford

Goals are the purest form of giving up what you want so as to get something you want more. It is not about sacrificing or going without. It is about aiming towards what is in harmony with your objective, your “where”.

There are seven umbrella categories of goals: Spiritual, Physical, Financial, Career, Family, Mental and Social. To be a success in any of these areas you need to start off with a solid foundation as we have discussed and then have a very crystal clear understanding of what the goal means, how it will feel, what it will do for you, how you should act in order to reach it, what it will take to reach it, what you need to do differently, what you need to stop doing, etc.

You must be explicitly clear with your definition of the goal. It is not good enough to simply say you want this or that. Each goal must be understood down to the finest detail.

Take time right now and create a page for each of the above categories. Then under each category write down your purpose for that area. Now write down how you are going to attack that purpose.

Remember that goals are an aim or a purpose. We are going to discuss how to successfully set your aim or your goals in upcoming chapters. For now, get something in writing in each category and remember to be very detailed.

***“Happiness is a state
of mind.
It’s just according to
the way
you look at things.”***

Walt Disney

Chapter 5

Reverse Engineer Your Life

As I consult with people I hear a common theme especially from the baby boomer generation. That common theme is that as they are reaching retirement they begin to realize that their lives had not turned out the way they had hoped or envisioned. In fact many of them make comments such as; "What if I had done this or that..."; "If only I had taken advantage of..."; "I am too old now, but when I was younger..." What they are realizing is that they had planned out their life through forward engineering and many of them had not planned anything!

Let's look at the current system that has been created for us to follow:

During the early years we are so focused on play time, "who can I go play ball or dolls with", "what am I going to do after school", etc. We watch movies or television and read books and develop heroes, someone we want to become like when we grow up. We act out being a fireman or policeman or businesswoman, etc. As the years continue and we progress through school we begin to solidify

***“Self-confidence:
A
result of
self-knowledge.”***

Charles Garfield

or discard those heroes for other heroes or people we want to become.

Then we become seniors in high school and reality starts to hit us. We are now faced with difficult choices to make – do we get a job or do we go onto a university, will a scholarship help me with the cost of schooling or am I faced with working a full time job and part time school? We have the feeling that we can conquer anything, which is the way it should be. Some are so confident that they do not take the time to develop a plan as to how they are going to succeed!

During the senior year of high school everyone is exposed to the possibilities of additional school at different universities. The school system across the nation even provides a “career day” for seniors where they have the university and military recruiters set up booths in the gym to share with the graduating class what their organization has to offer. With this exposure as well as outside exposure the majority of the graduating class begins to map out, through forward engineering, what they are going to do for the rest of their lives!

I believe the first mistake that is made is that we are taught to plan our lives out without out knowing where we want to end up. Forward Engineering is starting wherever you are and planning each step ahead of you as you go. Reverse Engineering is looking out the future designing what you want and working backwards to where you currently stand.

***“Failure is
trying
to please
everyone.”***

Sammy Davis Jr.

The major difference between these two processes is that once you implement reverse engineering you can keep your eye on the prize as you move step by step forward without having to worry about each step ahead of you.

Think about how many start out in the university with a chosen major only to change that major after a couple of years of late night cramming for tests. The reason that people change their major after spending a couple of years of their lives in one direction is because they begin to redesign their “where”.

So much time and energy would be better utilized by starting out designing where you want to be in the end and who you want to be in the end. This way the choices made would be in harmony with your inner self, sending clear and concise signals to your brain.

Once you have designed what you want and where you want to end up it is time to reverse engineer your plan. Reverse engineering your plan or your life is the purest form of Stephen Covey’s statement; “Begin with the end in mind”.

The previous chapters have prepared you to have a better understanding of what makes you – you, how the super-conscious mind processes, beginning to define your life, understand you where or your purpose and that you must be explicitly detailed with writing down goals.

***“You sustain success and you
motivate yourself by trying to
develop another reason above and
beyond the natural motivation
of just wanting to be
successful.”***

Pat Riley

Once you have taken the steps to discover yourself and design the “where” in your life your action plan should become very clear. You may have had a plan of action before reading this book and now are looking at it differently. Or you may need to write a plan of action for the first time. Either way, you now have more tools to help you with your plan.

Writing down your plan of action is the key to inner peace when turmoil enters your pathway. You will encounter situations daily that will test your plan and will push hard against your inner spirit. By having a clear understanding of who you are and where you are going will give you the power to stay focused on your plan as well as give you strength to protect your inner spirit. Your plan of action must be written out clear, concise and detailed. Remember that when you send a message to your super-conscious you want it to be exact and in harmony with the new you, the person you have re-defined. Should you send a message that is not in harmony or conflicts with your new programs, the super-conscious will not understand it and will therefore default to previous habits which might not be in-line with your new game plan. In other words you will continue to perform the old habits creating more frustration and confusion creating a downward spiral – the complete opposite of what you want! Conflicting signals cause confusion and a confused mind is never productive! On the other hand when you are crystal clear on your priorities and your plan of action, you will send clear and concise signals to your super-conscious mind that will then allow you to achieve the desires of your heart!

***“For every disciplined
effort
there is a multiple
reward.”***

Jim Rohn

A plan of action is more than simply words on paper; it is the guide rails for your race track called life! Your plan of action is critical to your growth both internally and externally. A plan of action helps you clarify your priorities. Why is that so important? When things that are important to you and your progress are in writing your super-conscious will begin to process and attract everything that you need in order to accomplish each step of your plan.

What is the difference between a plan of action and goals? Goals should be viewed as guide posts along the way to your end result. They should be viewed as rewards along the way to your end result.

To have a clear understanding of how to write a plan of action it is best to reverse engineer your life. Reverse engineering is starting at the end result and moving backwards identifying each step along the way until you arrive at where you currently stand.

I read a story from Thomas Watson, the founder of IBM that illustrates reverse engineering the best. When he was asked to what he attributed the phenomenal success of IBM to, he is said to have responded:

“IBM is what it is today for three special reasons. The first reason is that, at the very beginning, I had a very clear picture of what the company would look like when it was finally done. You might say I had a model in my mind of what it would look like when the dream – my vision – was in place.

The second reason was that once I had that picture, I

***“When things don’t
go your way, never
forget who you are, and
always remember
the bigger
picture.”***

Bill Rancic

then asked myself how a company which looked like that would have to act. I then created a picture of how IBM would act when it was finally done.

The third reason IBM has been so successful was that once I had a picture of how IBM would look when the dream was in place and how such a company would have to act, I then realized that, unless we began to act that way from the very beginning, we would never get there. In other words, I realized that for IBM to become a great company it would have to act like a great company long before it ever became one.

From the outset, IBM was fashioned after the template of my vision. Each and every day we attempted to model the company after that template. At the end of each day we asked ourselves how well we did, discovered the disparity between where we were and where we had committed to be, and at the start of the following day set out to make up for the difference. Every day at IBM was a day devoted to business development, not doing business. We didn't do business at IBM, we built one!"

Let's break that down:

First he said that he had a very clear picture of what the company would look like when it was done.

Second he said that once that picture was clear he visualized how the company should act.

***“Successful
entrepreneurs tend to
have extraordinary
drive and resolve.”***

Thomas J. Stanley, PhD

Third he said that once he had the clear picture of what it would look like and how it would should act, the company should begin to act that way from the beginning.

Finally he said that each and every day they would follow that plan of action. Each and every day they held themselves accountable for their actions and viewed where they were and then worked on making up for the difference if they had fallen short. He sums it all by saying that they were devoted to building a business and not just doing business.

By reverse engineering your life you have the opportunity to look into the future and build on your new foundation that you have now defined, and clearly envision what you want to become.

Be very detailed, what type of clothes you want to wear and will they be custom tailored. What type of car will you drive, what type of house will you live in. Where will your children go to school, etc. etc.

Then you can begin to reverse into where you are today. Will you need to change jobs? Or maybe you can take on a second income opportunity. Do you need to move to a different location? Etc. Each step that you define as you work backwards will clarify the next step needed and so on and so on until you reach where you are today.

Discovering your inner self and inner strength, defining your "where", reverse engineering your plan of action will give you the power to stop simply "living" and help you create a "life".

***“Act well thy
part,
therein lies
the glory.”***

William Shakespeare

Chapter 6

Act As If

The next step to Open Your Destiny is to “act as if”. Act as if you have already reached your goals. Act as if you are already living your dreams, living your destiny, thinking like the person you want to become. Talking, dressing and acting like the person you want to become. Act as if you have already accomplished the task or the opportunity. Act as if simply means you are progressing with silent confidence or the assurance that what you have already put into play has been accomplished, just as Thomas Watson did with IBM. Everything you thought about during your heart to heart, and everything that you have defined with your “where” has already been successful.

Once you commit and act as if, the energies and everything that surrounds you begins pushing you forward towards the ultimate goal – your destiny.

This is like the assumptive close in sales. When you are making a sales call you should always approach it as if you already have the sale in hand – “this sale is going to happen” – act as if your success is for certain.

Acting as if is harnessing the Law of Attraction. This powerful law state that like attracts like. The stronger you can create the mental and emotional states and send out the

***“As great as you think
your dream will be when you
reach it,
it will always be
one thousand times better!”***

Art Williams

vibrations of already having something, the faster you will attract it to you. This is a universal and immutable law that is critical to accelerating your rate of success.

Donald Trump has acted as if from the beginning of his career. Magic Johnson, Michael Jordan, Pat Riley, Bruce Lee, Farrah Gray, Art Williams, Les Brown, the list goes on and on, have all acted as if and that is why they succeeded and continue to succeed.

A story is told about Fred Couples and Jim Nantz. They were suite mates while attending the University of Houston. They both loved playing golf. Fred's goal was to win the Masters Tournament while Jim's goal was to be a sports announcer and work for CBS. What brought them together was not just being suite mates and the love of the game, it was the fact that they would play act the scene where the winner of the Masters, Fred, was brought into the cabin to receive his green jacket and then to be interviewed by the CBS announcer, Jim. They were very detailed during their playacting, location, name of cabin, weather conditions, etc.

Fred Couples won the Masters 14 years later and was escorted into Butler Cabin where he was interviewed by the CBS announcer, none other than Jim Nantz! After the rush and excitement of the winning moment, they tearfully embraced knowing that they had acted out this very scene so many years ago with the certainty that it had already taken place!

What a powerful harnessing of the Law of Attraction!

***“Brand Jordan exists
because of what
Phil Knight created
before I ever came along.”***

Michael Jordan

These two gentlemen knew long before that actual event that it would come to pass just as they had envisioned.

Sometimes you may have others act as if for you. They are the people who believe in you even when you don't believe in yourself. They are the people that help you stand back up when you fall, keep you going when you don't feel like going. They become your fountain when you are dry. They will always be there for you to help you act as if. Use their strength, leverage their power, harness their confidence and you will be able to act as if at all times.

Without acting as if everything has been accomplished or that your future is secured, you allow negative energies, fears, reluctance, and hesitancy to control your life. You open the gate to your mind and allow others to dump their garbage in your mind. Would you allow people to dump their trash in your yard? Of course not, so why in the world would you allow people to dump their trash, their issues, their fears, and their lack of self-confidence, their weaknesses, and their poison in your super-conscious?

Acting as if allows you to stand guard at the door of your mind! You must develop a relentless passion for guarding yourself from the poison from others. You cannot allow even the smallest of negativity into your super-conscious. It is like eating healthy food all of the time, yet once a day you drink a small drop of poison. You may tell yourself that you are fine and healthy but inside you are slowly destroying yourself and every-

***“We grew to our
present size
almost against
ourselves.”***

Walt Disney

thing that you are working to be. It does not show on the outside, so everyone, including you thinks all is well. Years later your body begins to deteriorate and break down and you wonder why? You go see a Doctor and he discovers that you have been poisoning yourself all these years and tells you that all you have to do is stop taking the poison and you will be healed. Should you decide not to take his advice and continue down the same path you would surely die, however, should you decide to listen and change and never allow the poison to enter into your body you would be healed and live a happy healthy life.

Acting as if is your prescription against the poisons that continually cross your path. You have the power to place a very powerful guard at the door of your mind to never allow the poison or garbage in.

This guard is your where, your purpose, your objective. By having a clearly defined purpose you will be able to make the best decision possible for each situation you encounter. You will remain focused on what needs to be done and how you will handle the situation. Should a situation arise that is not in harmony with what you have defined then the answer will be simple and automatic – you will not participate in the situation or allow anyone to poison you. You will simply walk away from the situation or no longer associate with that certain person, or take the second helping of food, or smoke a cigarette, etc.

Act as if is your complete source of power within to walk in your destiny every day or your life!

***“Opportunity is missed
by most people
because
it is dressed in
overalls and looks like
work.”***

Thomas Edison

Chapter 7

Consistent Action and Constant Work

The key to success isn't always just in great talent! The key to success is to learn how to do something correctly, and then do it correctly every time! Do it the same way every time! The repetition of simple things leads to an inevitable explosion. It means that you remain true to your plan.

Once you have your plan in place then it is time to go to work. You must learn what consistent action and constant work truly means.

Consistent action means that you have your plan and are consistently working towards the goal by doing the same thing the same way over and over again. Constant action means that you are always working and moving forward no matter what may cross your path.

It is said that "practice makes perfect", I disagree. A better statement would be "perfect practice makes perfect".

You could show up to a driving range to hit a bucket of golf balls and while practicing your form could be completely incorrect. You hold the club incorrectly, you have the wrong club for the distance needed, and your stance could be way off. You could hit bucket after bucket and spend hundreds of hours on the golf course, but because

***“Discipline builds the
inner confidence.
Discipline
builds morale.”***

Wess Roberts, PhD.

your form is incorrect you will never play golf like the greats until you learn correct form.

Learning what must be done to hold the club correctly, to swing correctly, to stand correctly, to use the correct muscles and to read the course will move you light years ahead of the pack.

In life, doing the same action over and over again without fine tuning or learning what is needed for “perfect practice”, will give you nothing more than the same results you have been getting for years. You then find yourself confused as to why you are at the same place you have always been, which is where you didn’t want to be. To only become frustrated wondering why you aren’t where you thought you would be.

The definition of insanity is “doing the same thing over and over again and expecting different results”.

To change your outcome you must change your internal programming. Then you must reinforce that change with consistent action and constant work. It is not sufficient to simply make a decision to change, write down what you want to change and then wait for a miracle to happen. Too many people take the time to set goals, write an action plan and then do nothing to make it happen.

People look at great athletes, great artists, or great leaders and say “they were born with that talent!” While that may be true, it is not only talent. They combine talent with hard work. Michael Jordan is one of the greatest basketball players of all time. What you

***“Some people work
fast
and others
work
half-fast!”***

S.E. Williams

see on the outside, the bald head, the famous tongue hanging out one side of the mouth, etc. is a machine that is driven by a relentless drive on the inside to always be the best he can be. So many people play this game of life in the mode of "Someday Isle" – Someday I'll get healthy, someday I'll get out of debt, someday I'll get happy, someday I'll..... Someday Isle is a heavily populated island in the sea of mediocrity!

Another way to look at it is that many people play the game of life at half speed. They hold back and when they fall short of their potential, or do not accomplish their goals they have a safety net and say "I didn't give it 100%, I could have given it more, etc". When you play at half speed in the business world and more importantly in life, you are going to get hurt! My dad always said; "some people work fast and others work half-fast!" So many people play this game of life "not to lose" instead of "playing to win"! So many are so busy earning a living that they have forgotten to create a life!

Why would you want to always go through life holding back? What do you stand to gain by working half-fast? Why not design everything you want and then open the throttle and go to work building your life!

***“Insanity is doing
the same thing
over and over
again,
expecting different
results.”***

Anonymous

Chapter 8

Manage Your Energy

While working your plan you must manage your energy. Life is a marathon and not a sprint. You will find certain windows of opportunity when you have to use bursts of energy to get through that window. Much like a track and field meet, certain events require bursts of speed to move a runner into a stronger position.

Your life will require different levels of energy or commitments from you to accomplish your plan. By designing your life and knowing your “where” allows you to be prepared at all times and to know when and where to increase performance within yourself.

Consistently working and constantly staying on task helps manage your energy as well as it will keep you focused on your plan of action.

Working your plan of action towards your “where” will give you power over what is going on in your life at any given moment as well as give you the inner confidence to handle everything that is thrown at you.

Life is a series of moments. Each and every moment prepares you for the next moment. You will encounter great moments as well as not so great moments and it will be up to you to understand how every moment works for you and against you.

***“Success is in the
moment -
So make each
moment
count!”***

Omar Periu

Opening your destiny gives you the power to control the moments or better said, gives you the power to control how you react to each moment. Each and every moment moves you into the future towards your destiny or stalls you in your tracks.

One decision that I made during my heart to heart conversation with myself was to look at every moment as a learning process. Positive or not, it does not matter, what can I learn from this moment? I suggest you do the same, look at everything and ask yourself "what can I learn from this"?

Each moment or event brings with it an opportunity for you to learn from, process it, internalize it or discard it. So many people look at things and focus on what went wrong, only focusing on the negative.

When you train for racing cars one of the strongest areas you work on is that when you head into a tail spin or a crash you need to direct your focus on the direction you want to go and not to focus on the wall. In other words "what you focus on is where you will end up"!

You will find that your focus will become clearer and your activities will have purpose behind them instead of simply walking through life haphazardly.

We have all heard the statement; "is the glass half empty or half full". I say if you see the glass as half empty you need to get a smaller glass!

Always look at the positive and how it benefits you in your quest for fulfilling your destiny. This will give you the confidence to focus on what you are becoming.

***“If your glass
is half
empty -
get a smaller
glass!”***

R.G. Williams

As you embark on anything new; a new career, a new task around the house, a new relationship, etc. you are going to meet with obstacles and even brick walls. This is the time when you will be tempted to expel all of your energy up front so as to impress the new boss, the first date, etc. the most important thing that you can do is to manage your energy so as to maintain yourself for the marathon or long haul.

Another side of managing your energy is with a healthy lifestyle with exercise, both physical and mental, eating correctly, lowering stress related activities and staying focused on your destiny.

Consult your Doctor for the best exercise and weight maintenance program for you. The most important thing is that you begin to exercise physically. Physical exercise allows you to break loose from all of the negative energies that have accumulated throughout the day, much like scraping off the barnacles from the bottom of the ship. This is very important for your physical well being just as it is with the ship. Barnacles do nothing more than slow down the forward momentum. A ship will use more power, fuel and energy without removing the barnacles as often as possible. You will have to use more energy being burdened with negative energy.

Think of it as driving with the emergency brake on in your car. You could push down harder on the gas pedal and drive more fuel to the engine, which in return will move you down the road a little faster. Or you could simply pull the lever and remove the emergency brake, which will in turn give you the full use of

***"He who stops
being
better stops
being
good."***

Oliver Cromwell

the power you are already supplying the engine. Look at your life and see which area you are driving with the emergency brake on and give yourself permission to pull the lever!

Exercising mentally is just as important to your destiny as physical exercise. Without being mentally fit you open yourself up to allowing others to dump their garbage in your mind, as we previously discussed. How do you exercise mentally? We have discussed many ways of standing guard at the door of your mind, however, one of the strongest and best exercise for your mind is reading! Yes, it is that simple – reading.

Reading allows the mind to tap into the imagination and creativity stored there. It is a way to open up new horizons, broaden your views, and confirm your beliefs.

Another way to exercise your mind is to perform normal daily activities with the non-dominant or opposite hand, leg or foot. If your dominant hand is right and you brush your teeth with your right hand, begin brushing your teeth using your left hand. Should you get into your pants right foot first, start inserting your left foot first. Studies are being conducted to show the possible positive affects this exercise has with Alzheimer patients.

Reducing stress related activities, eating correctly and staying focused on your destiny is all a matter of choice. You and you alone have the power to choose – choose to live your life!

*“True silence is
the rest of the mind;
It is to the spirit
what sleep is to the body,
nourishment and refreshment.”*

William Penn

Chapter 9

Being Wealthy vs. Being Rich

When writing down your goals, your plan of action, your where, and defining your lifestyle, you must understand the difference between wealth and rich.

Too many people confuse these terms; they talk about being wealthy when in reality they are talking about being rich.

I was told once that the difference between the two is that wealth is when you can write a check and not worry about it and rich is when you can give your spouse the checkbook and not worry about it!

The dictionary defines each as follows:

WEALTH

- 1- A great amount of money, property, or valuable possessions: riches.
- 2- A great amount of anything, as in a wealth of ideas or a wealth of information.

***“A man is rich in
proportion
to the number of things
which he can afford
to let alone.”***

Thoreau

RICH

- 1- Someone who is rich has a lot of money and possessions.
- 2- If something is rich in a particular thing, it contains a lot of it.
- 3- Food that is rich contains a lot of fat or sugar and makes you feel full very quickly.
- 4- Fertile, as in rich soil.

I would like to shift your paradigm here and identify a couple things, Wealth and Rich both mention money and possessions yet wealth focuses on valuable possessions - property, knowledge, ideas etc. and rich focuses on something containing a lot of

To me wealth comes in the form of personal health, family health, healthy children, the ability to put your feet on the ground every day, friendships, quiet time with someone special, etc. peace of mind in the personal quiet times, an assurance of your destiny, your purpose, being honest and truthful in all that you do, having the ability to look at yourself in the eyes in the mirror knowing that you are in tune with yourself and the Infinite Intelligence. These things are true wealth and true wealth comes from an inner confidence in you.

Rich and or riches come in the form of dollars and possessions. The size and type of house you live in, where you live, the cars you drive, the clothes you wear,

***“They always say
that time
changes things,
but you actually have to
change them yourself.”***

Andy Warhol

where your children go to school, where you dine, where you vacation and how you vacation. Rich and riches are a way of keeping score, guideposts for you to monitor your progress within your destiny. Rich and riches are simply an outside reflection of your internal wealth and silent confidence.

Yet, because these two terms are not clearly defined it opens the door to confusion and chaos internally. Remember, a confused mind is never productive.

I believe that I am the wealthiest person on the planet because I have been blessed to be living my destiny and that is what gives me the inner confidence and strength to move forward in all areas of my life. Riches will be added as I choose to take advantage of opportunities.

By truly defining wealth and riches will allow you to see that opportunities are plentiful because your inner self will begin to see them instead of your external eyes deceiving you with all the glitz and glamour.

When writing goals most people focus on monetary only. I will be the first to admit that having money is comforting knowing that the bills are paid and I have extra left over; however money is not a motivator. Money is simply a measurement on the outside of accomplishments of your plan.

Money is neutral and doesn't care who owns it. It reflects a mirror image of who you are on the inside. What you do with money reveals everything. Money makes good people great and bad people worse.

***“Money makes
a
great servant
but
a bad master.”***

French Proverb

When your goals and what you focus the use of money on is not in harmony with your plan, your destiny and where you are or who you are becoming, you will forever be in conflict within yourself.

Understanding where you are in your plan and how focused you are on your plan will give you power over the control of money.

Money becomes a by-product or an added bonus as you work towards your end result. In other words, money doesn't define you, the car you drive, the clothes you wear, your watch collection, a pen with a star on it, where you dine, the circles you walk in, the magazines or newspapers you read, etc do not define you! The challenge is that almost everything in society says that all of those things should define us and we have not achieved success without them.

When you truly focus on being where you want to be and how you want to develop your lifestyle, money naturally comes. It is similar to a dog chasing its tail, as soon as the dog realizes that all he has to do is go forward and his tail will follow, he can stop running in circles. So many people run in circles chasing an unknown without ever getting anything or anywhere and then find out that once they get it, they don't know what to do with it. The sad fact is that when they do get it, its too often not what they wanted anyway.

By focusing on rich, riches or money instead of wealth, your where, and your destiny, will find yourself unfulfilled and confused as to why you feel that way. Much like driving down the freeway not knowing which exit

***“In truth, the only difference
between those who have failed and
those who have succeeded
lies in the difference
of their habits.”***

Og Mandino

to take and then wondering how you got to where you are!

You must treat money simply as numbers as a way to help you live your destiny to the fullest. Most people never take the time to define what money is and what money means to them.

We are not taught the importance of understanding money. We go through school being taught how to make money, yet we are never taught what to do with the money when we earn it. We are not taught saving principles or how to spend wisely, so we never really have a concept about what money is. To us, it is the ever elusive prize that is just out of reach.

Rich, riches and money are simply values given to temporal items. Value given to items that have been identified by society as to what separates one thing from another or one person from another. Wars have been waged over riches, values given and then taken away.

Take out your pad and write down everything that makes you wealthy.

Family	Parents
Children	Spouse
Health	Friends
Peaceful spirit	Honesty
Willingness to serve or help others	
Ability to cry	Ability to listen

***“Money is the seed
of money and the first
guinea is sometimes
more difficult to acquire than
the second million.”***

Jean Jacques Rousseau

Values

Laughter

Confidence

And the list goes on and on.....

Now write down all of the things that make you rich.

House

Auto

Boat

Wave Runners

Motorcycle

Clothes

Watches

Jewelry

Pens

Airplane

Where your kids go to school

Your favorite restaurant

The season tickets

The ability to pay your bills

Plasma TV

iPod

and the list goes on and on.....

Use these lists to help you identify the differences in your life. These lists will help you clarify your lifestyle or the lifestyle you are now designing within your destiny.

Lifestyle covers every area of your life, family, spiritual, career, etc. When you look at all areas of your life powered by a deep understanding of your destiny,

***“For what shall it
profit a man,
if he shall
gain the whole world,
and lose his own
soul?”***

Mark 8:36

you will empower yourself to accomplish your dreams and goals.

When you turn your focus to your internal passions, to your destiny, the money will follow and you will be fulfilled within as well as externally.

Allowing money to control you, your lifestyle and your destiny will lead you down a very lonely path and will always leave you wanting more, wanting more of something that will always be out of reach, the ever elusive prize. You will always be running forward without an ending in site, without a final destination.

Understanding the difference between wealth and rich will give you more freedom than ever before. It will allow you to be what you were born to be, allow you to live your destiny to its fullest without judgments or regrets.

***“There’s no such as
a self-made man.
I’ve had much
help and have found
that if you are willing to
work, many people
are willing to help you.”***

O. Wayne Rollins

Chapter 10

Give Credit and Pay it Forward

The last two areas that you must address to fully Open Your Destiny are:

1 – “Give credit where credit is due”

2 – “Pay it forward”

I have always lived by the statement that you “check your ego at the door” or “put it in your pocket”. You are who you are because of the multiple influences upon you. No one is self made, because something like that can never be accomplished on your own, you must have outside influence. Whether you are selling products or services, somebody had to buy it or consume it. There is always someone involved in the process.

I believe that humility is your standing before the Infinite Intelligence, who you are internally. And poverty is a state of mind!

You must give credit where credit is due because then you are keeping your ego in check. The challenge you will

***“The secret of success
of life is for a man
to be ready
for his opportunity
when it
comes.”***

Benjamin Disraeli

face when your ego gets in the way is that it will blow out the candle of your mind and you will once again be in a state of chaos and confusion.

By acknowledging and giving credit allows the energy to flow back to those who participated in your plan of action and your success and will allow the energies to get behind you and help you move forward faster.

I truly believe that a selfish person is one who seeks everything for himself and without purpose. This blocks the flow of energy.

Your plan of action will no doubt have you seeking after knowledge, relationships, wealth and riches. Yet I believe that it is selfish for you to allow those things to stop with you and not flow through you.

In other words, where much is given, much is expected. When you receive and then sit back and hold all that you have learned you are blocking the flow. It is critical for you to understand that once something is learned then it is your responsibility to share it with others and allow the energy to flow freely.

Receiving wealth and riches and then not allowing them to flow through you is very detrimental to your internal growth.

Paying it forward is simply "what goes around comes around – plus!"

Take the time to focus on the "where" in your life, reverse engineer your plan, and then work constantly and consistently, with your eyes focused on your mark

***“There is no
security on this
earth;
there is only
opportunity.”***

Douglas MacArthur

and you will find internal joy, peace and satisfaction.

You will find yourself beginning to live a life that was only in your dreams before. You will attract more and more positive energies which will only propel you further into your destiny.

Everything that you work on internally will manifest externally good and bad. Stay focused on only the good. Take time to truly understand what makes you – you, what makes you do what you do. Define or re-define your life, discover why you are here and what your where is. Create worthwhile goals and reverse engineer your plan of action. Walk with your head high, peace in your heart and always act as if. Constantly work on your plan of action and consistently manage your energy. Giving credit and paying it forward will create more wealth and riches in your life than you could ever imagine.

I leave you with this –

“Know who you are, walk in silent confidence, align your heart and your head and you will -

OPEN YOUR DESTINY”!

Open Your Destiny

Health, Wealth & Happiness - Just a thought away!

"Transform your life into the wondrous, joyous experience it was meant to be. Turn every day into an opportunity to expand rapidly in confidence and happiness with OPEN YOUR DESTINY™".

Research shows that abundance, happiness, and success are actually invited into our lives by our own internal dialogue, the conversations that we have with ourselves constantly. Yet many are unaware of these dialogues or are unable to mold them into a powerful force for extreme good and prosperity in their lives. Health, wealth, happiness and security are produced in the mind as a thought before they ever manifest themselves as reality.



R.G. Williams is a world renowned Financial Educator and Motivational Speaker who has taught thousands of individuals how to unleash the power of their destiny to achieve their financial goals.

**ENGAGE THE LAW OF ATTRACTION
AND UNLOCK THE SECRET TO A
LIFE OF ABUNDANCE!**



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